

### **Further reading -**

Berkovich-Ohana, A., Wilf, M., et al. 2015. *Repetitive speech elicits widespread deactivation in the human cortex: the “Mantra” effect?* Brain and Behavior, 5(7), e00346.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4511287/>

Block, EF. 2010 *The human body field*. Journal of Bioelectricmagnetic Medicine 21.

<http://www.diamondhead.net/p21.htm>

Bormann, JE., Thorp, SR., et al. 2018. *Individual Treatment of Posttraumatic Stress Disorder Using Mantram Repetition: A Randomized Clinical Trial*. American Journal of Psychiatry (online early)

<https://ajp.psychiatryonline.org/doi/abs/10.1176/appi.ajp.2018.17060611?journalCode=ajp>

Bracken, Joseph A. 2013. *Whiteheadian Actual Entities and String Theory’ Faculty Scholarship*. Paper 27.

[https://www.exhibit.xavier.edu/cgi/viewcontent.cgi?article=1026&context=theology\\_faculty](https://www.exhibit.xavier.edu/cgi/viewcontent.cgi?article=1026&context=theology_faculty)

Fleming, T. and Bauer, E. 2014. *Inside the Photon: a journey to health 1<sup>st</sup> Ed*. CRC Press.

Kang, Jing et al. 2018. *A Review of the Physiological Effects and Mechanisms of Singing*. Journal of Voice, Volume 32 (4), 390 – 395. [https://www.jvoice.org/article/S0892-1997\(17\)30223-0/fulltext](https://www.jvoice.org/article/S0892-1997(17)30223-0/fulltext)

Kitayama, S. and Park, J. 2017. *Emotional and biological health: the socio-cultural moderation*. Curr Opin Psychol 17: 99-105 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5673072/>

Levy, B. R., Slade, M. D., et al. 2002. *Longevity increased by positive self-perceptions of aging*. Journal of Personality and Social Psychology, 83, 261-270. <https://www.apa.org/pubs/journals/releases/psp-832261.pdf>

Masuro Emoto *Water Crystal Photography Experiments* <http://www.masaru-emoto.net/english/water-crystal.html>

O'Donovan, A., Lin, J., et al. 2009. *Pessimism correlates with leukocyte telomere shortness and elevated interleukin-6 in post-menopausal women*. Brain Behavior & Immunity, 23, 446-449.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2719778/>

Sharma, A and Maurya, A.K. 2017. *Aggregate frequencies of body organs*. Int J Elect, Electron and Data

Comm 5 (11) 102-106. [http://www.iraj.in/journal/journal\\_file/journal\\_pdf/1-423-1517034126102-106.pdf](http://www.iraj.in/journal/journal_file/journal_pdf/1-423-1517034126102-106.pdf)

Solfeggio Frequencies [www.attunedibrations.com/solfeggio](http://www.attunedibrations.com/solfeggio)

Sound made visible - cymascope articles and research

[http://www.cymascope.com/cyma\\_research/articles.html](http://www.cymascope.com/cyma_research/articles.html)

Stevens, P. 2018. *Interoception: at the gateway of mind-body medicine – a descriptive review*.

[https://drive.google.com/file/d/1eyfSTkc\\_L6BV-sl5fnr2hoCOXXTUHf3v/view?usp=sharing](https://drive.google.com/file/d/1eyfSTkc_L6BV-sl5fnr2hoCOXXTUHf3v/view?usp=sharing)

Thagard, P. 2010. What are Emotions. Psychology Today

<https://www.psychologytoday.com/au>

The Art and Science of Sound 2017 Cymatics Conference video

[www.vimeo.com/ondemand/134599](http://www.vimeo.com/ondemand/134599)

Wu, D Y. 1982. *Psychotherapy and Emotion in Traditional Chinese Medicine*

<http://www.bookmetrix.com/detail/chapter/5314bc0a-cc39-47f7-91be-a55104e0f124>

