

MYSTICAL MAYAN TRAVEL GUIDE



You are cordially invited to join me on a Mystical Adventure of a lifetime!
Experience the ancient potency of this region, held by the softness of the surrounding
Sacred waters, from the Jungles just outside of Cancun, Quintana Roo Estado,
held by the beautiful Caribbean Sea and underground Cenotes.

April 12 - 22, 2026

Mayan Mexico Mystery School



OUTLINE

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Upon your arrival, you will be met by your driver to bring you to 'La Hacienda Cancun' Retreat Center, which is approximately 30 minutes from the International Airport in Cancun.

It is nestled in the Jungle yet still close to many fantastic attractions around the region. Tradition, nature and service combine in an architecture that combines native materials, colonial elements, modern facilities and Mayan serene harmony.



Retreat Facilities: Single or twin-share rooms with private bathrooms - Swimming pool - Jungle walks - Traditional Temazcal - Outdoor Nature Shower - Yoga Shala - Roof Top Star-Gazing and Meditation Space - On-site Massage, Biomagnetism, and Feldenkrais Method practitioners available upon request (additional cost). There will be time to book these in spaces between our other activities... do let us know if this is of interest to you.

Over our time together, we have curated a very special program, weaving visits to local Sacred sites and nature spaces, with deep soul processes and discovery beyond the realms of the seen. These include the majestic Caribbean Sea, local Cenotes, and the famous Tulum archeological zone and Matriarchal Coba complexes, all of which complement the program of magic and mystery being prepared for you.

Our days will be a combination of teaching and experiential learning, dotted with time for both sharing and self-introspection. We will be well-nourished with local, freshly produced vegetarian cuisine, lovingly prepared by the Retreat Centre's cooks.

The weather in this region in April is generally warm and pleasant, before the summer heat, with top temperatures of 30 and minimum of 22 degrees in the early hours of the morning. Rooms are airconditioned and we have a private swimming pool to laze around during our breaks when we aren't around exploring the region... hats and sunscreen are a must during our excursions.



GUIDE TEAM



■ Dr Niikee'sha



■ Mayan
Ancestors



■ Nature
Elementals

MYSTICAL MAYA

ITINERARY

- Sun 12th April - Arrival from the airport - transfer to venue anytime from 2pm onwards, settle in and land into the space until 5pm for our pre-dinner, introduction to the magic.
- Mon 13th - Earth deepening - local Jungle experience, connecting with nature and deep listening, welcome Ceremony with sound healing and cacao.
- Tues 14th - Water remembrance - cleansing and clearing practices, trip to Isla Mujeres to explore the offshore energy portal, Goddess Temples, local culture and Divine Waters
- Wed 15th - Tulum archaeological ruins, Ancestral Lineage Connections, Local Shamanic Guide and nearby Cenote explore, swim and ceremony
- Thurs 16th - Fire elemental weaving - Soul retrieval & reclaiming gifts, traditional Temazcal sweat lodge ceremony
- Fri 17th - Coba Mayan Ruin Precinct, local Shamanic guide, ceremony and visit local traditional Mayan village
- Sat 18th - Air elemental harmony - Connecting with your guidance team and inner wisdom, clarifying your higher timeline path
- Sun 19th - Maya museum, archaeological site & ceremony, cleanse in the plasmic Carribean
- Mon 20th - Light Illumination, New Earth dynamics, multi-dimensional exploration, integrating higher timelines
- Tues 21st - Celebration Day, Surprise Outing ;)
- Wed 22nd - Breakfast and transport out before midday

Morning yoga and meditation, breakfast, lunch and dinner, filtered water and herbal teas provided when not out on our excursions.

*program subject to change





MAYAN MEXICO

PACKING LIST

- Plenty of cool, comfortable clothes for practicing yoga, sitting in workshops, and going outside
- Good walking shoes for our outings
- Personal Toiletries (toothbrush, toothpaste, etc.)
- Hat + sunglasses + sunscreen + swim towel
- Natural Insect Repellant
- Swimwear for swimming in the pool, beach and stunning cenotes, sarong or light cover for the sweat lodge
- Your own swimming towel
- Earplugs if sensitive to other's noise when sleeping
- Water bottle to refill
- Snacks, specialty teas, other individual things you love
- Journal and pens, colouring pencils, sharpener etc.
- Any crystals or other objects sacred to you that you feel to bring on your journey



Please treat this journey as something Sacred as it will best support you to make the most of the experience.

In preparation, try to refrain from being intoxicated or eating unclean food too much before your arrival.

Clean energy will allow you to best integrate the experiences with clarity and surety to return home with your highest calibration frequencies...



MEXICAN

VISAS

A Tourist Card on Arrival (rather than a visa) is standard for arrival into any Mexican Port. In order to be automatically processed, you are required to register your visit online and complete the Multiple Immigration Form (FMM) to receive a QR code, before departure.

You will need this and a valid passport to enter the country. The address where you will be staying is - La Hacienda Cancun - Carr. Cancun-Merida Km 302, Calle Jacaranda 18, 77500 Cancun

You can apply here - <https://www.mexicotouristcard.com/>

A Visitax required for Quintana Roo, the region we are visiting. You can complete this step here: <https://www.visitax.gob.mx/sitio/>. If you complete this part first, you will be issued a code to enter on your tourist card application.

Double check you also have any transit visas pre-arranged for countries you are passing through, both ways!

> TERMS AND CONDITIONS

Please be aware that it is your responsibility to ensure that you have adequate travel insurance coverage for the duration of the retreat and your entire time away from home.

You are required to sign a waiver that you understand that Dr Niikee Energy Medicine and the School for Metaphysical Practice will not be held liable for any issues that arise during your travels or our retreat.

It is your responsibility to inform us of any medical conditions and to let us know if you are limited in your ability to participate in any of our excursions.

Additionally, please ensure you bring any additional items you may need, beyond the catering provided during the retreat. It is not as simple as popping down to the store if you forget something.

Tipping is also a MUST in Mexican Culture, so please have an additional 100USD we will put together and distribute to the retreat staff at the end, as well as our drivers and day trip guides along the way.

Please reach out to us if you have any concerns, as we are here to support you as best we can in the lead-up to our epic journey together.

We are also dedicated to ensuring you have a wonderful, enlightening experience during our time together.





CONTACT

DETAILS

Please provide your flight details to us when you have them so we can await your arrival from Cancun International Airport. Dr Niikee'sha will have her mobile with her, if you run into any hold ups or can't find where you are going. The arrival part isn't very large and after you collect your luggage, you can make your way through immigration and exit the airport. Your pre-arranged driver will meet you there :)



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GET READY TO BE IMMERSED IN A CULTURE LIKE NO OTHER...



Love the life you live... you are only ever limited by
your beliefs



Magical Adventures Await